

# GRASSAM FOR WELFARE

Hi guys, I'm Alex, I'm a second year Medic. Everyone needs welfare, not everyone accesses it.

Why I'm a good choice for welfare:

1. As a medic, I'm trained to deal with sensitive situations across all manner of topics: mental, sexual and physical; and I know what help is available outside of the university.
2. I am well-known across college, and always enjoy having a chat!
3. I have accessed in college and university-wide pastoral and financial support and know the Dean of Welfare, the Dean of Male welfare and the Bursar well. Thus, I also know how to fill out all the forms.



What I would do as male welfare:

1. Maintain all my duties set out.
2. Try and keep Corpus Compliments going throughout the term, why stop the loving outside of 5th week :(
3. I would open a poll to ascertain what the JCR wants to talk about at Welfare events, such as welfare tea, so that we can bring in more people to the discussion! :)

#### 4. I want male welfare a more active role:

. During Freshers' week I want to give more freedom to the individual groups running the games. Awkward party games are not fun for anyone, and we want the whole room involved to really get it going, so flexibility is key. Icebreaker games are sometimes necessary etc. To ensure this works I propose welfare should move around between the groups, making sure that the games are going well.

- I would like to run welfare tea at a more individual level: I would set aside some weekends of Michaelmas to host tea with the welfare officers/individually in the welfare room. I would send everyone a time set aside specifically for them to come and have a chat for 10 mins. Probably with an aim of starting with freshers to make sure they know welfare is available from the get-go.
- I would set up a google thing for people to submit requests to meet the welfare officers, providing some anonymity to the initial contact period, which is usually the hardest. I would also provide my phone number so people can anonymously contact me at all hours.
- Intersectionality is a key part to a functional welfare system. I would work with the other members of the Equal Opps committee to provide unique welfare events for different groups within the college.
- I would check up on people—setting up a midterm email to check in on everyone, providing a key link to someone to chat to about anything and everything.
- Set up a buddy marketplace: trying to connect those who would love to bring someone along to things, or looking to get involved in new things, such as gym buddies etc. or joining a new sport.
- Man up. I want to run a campaign looking at masculinity in the modern age. If I can do one thing in term I'd like to try and reduce toxic masculinity by exploring, with all gender identities, what it means to be "masculine", and try and reduce the toxic masculinity contributing to both male and female mental and social health issues.
- I'm told there are multiple typos in here - but much like all of us, this is imperfect. And that's okay.